

# Free

## Habit Trackers

### Habit Tracker

#### MONTH

##### Daily Habits

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

"Motivation is what gets you started.  
Habit is what keeps you going."  
Jim Ryon

@soleinspiredinc

### Habit Tracker

"Ultimately, it is your commitment to the process that will determine your progress."  
James Clear

#### WEEK

| ACTIVITY | S | M | T | W | T | F | S |
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@soleinspiredinc



Hi there!

I'm Kimberly Hall, Chief Sole Inspirer,  
and it's a pleasure to meet you!

Welcome to Sole Inspired, the greeting card company that was born in the "fire of adversity" . . . and I'm pretty sure that's our connection. Yes, I know it is! We share an indomitable spirit to beat the odds and never give up. That's who we are. It's what we do.

I hope you enjoy the 2 Habit Trackers included below. Don't hesitate to email [info@soleinspiredin.com](mailto:info@soleinspiredin.com) if you have any questions.

Send hope, send love, send courage. Send a Sole Inspired Card today!





# Habit Tracker

**MONTH**

Daily Habits

|    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |  |  |
|----|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|--|
| 1. |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 2. |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 3. |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 4. |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 5. |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 6. |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |

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